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[www.footnotesdanceandmusic.com](http://www.footnotesdanceandmusic.com)

## Featured Dance Style

This month's featured dance style is often said to be the foundation of other dance styles. Ballet can be traced back to the Italian Renaissance in the 15th and 16th centuries. It spread from Italy to France and was influenced by Aristocrats. The terms used in ballet come from its French background.

Even our smallest dancers are learning the five basic ballet positions:

- First Position,
- Second Position
- Third Position
- Fourth Position
- Fifth Position

Below are links to some great videos on five ballet positions:

- [Foot Positions](#)
- [Arm Positions](#)
- [Foot & Arm Positions](#)



## 2019 Showstopper Convention!

**Friday, October 4 - Sunday, October 6, 2019**

The LA Star's Elite competition team will be headed to Orlando to take part in the 2019 Showstopper Convention. The weekend starts off Friday evening with a dance party. Classes are all on Saturday and Sunday. They will get the chance to learn from professional dancers and choreographers. The dancers will even get a chance to take photos and get autographs from instructors. Many of our dancers will get to experience classes in styles they don't normally do like, belly dancing, pom pon, and kick line. There are also bonus classes available in acting and voice. And even a special Tween program for dancers that are 6-8 years old.

If there are any Starlettes, Shooting Stars or even any other Footnote Dancers that would like to attend the convention please speak with someone at the front desk. It is a great experience for all levels and ages.

The convention fee of \$265 is due on September 15, 2019, so that all dancers can get registered for the convention on time.

For more information about convention feel free to look at the Showstopper website:  
<https://www.goshowstopper.com/dance-convention/>



**Closed Monday,  
September 2, 2019**

Have a wonderful Labor Day weekend with friends and family.



## It's Not to Late to Register for Classes!

Our season started last month, but many of our classes still have room in them. So, if you just haven't gotten back to dance class this year it isn't too late. Or even if you are loving the class you are in right now but want to add another class, just let us know and we will get you registered, or you can do it online.

[Register Now!](#)